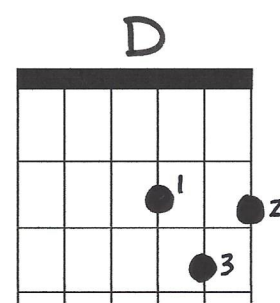
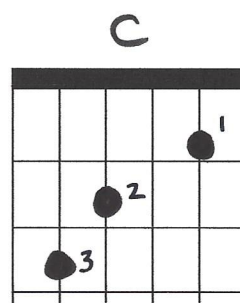
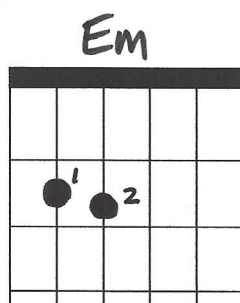
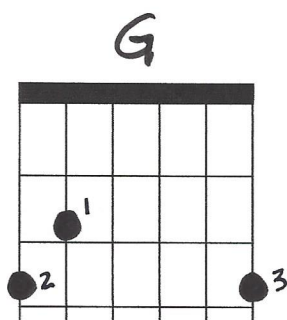
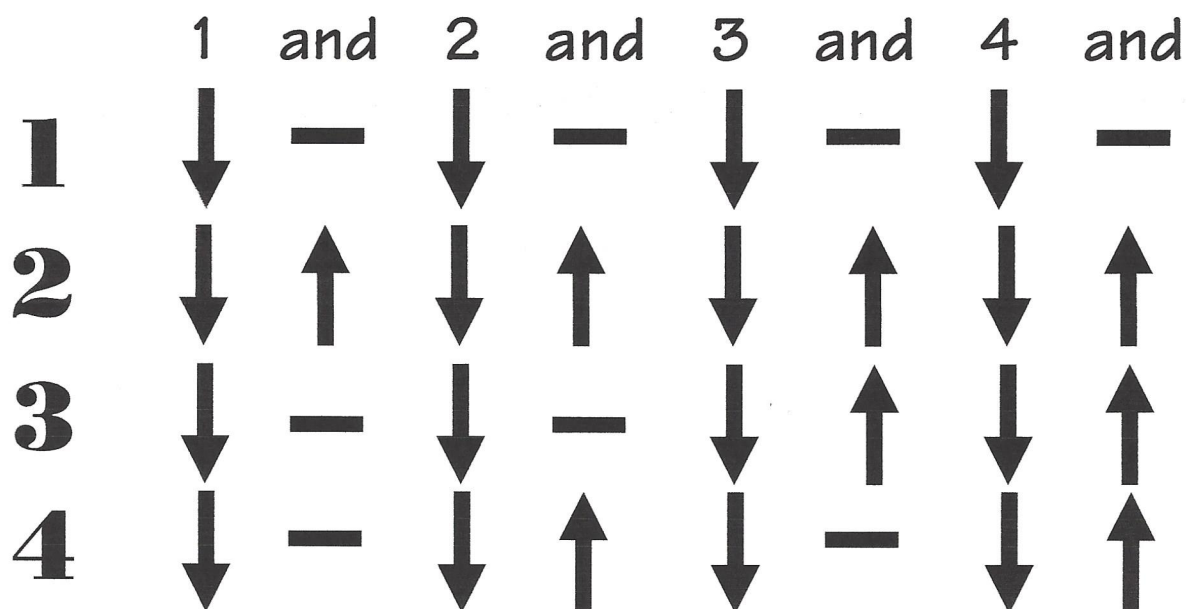


## Count to “4” and You Can Strum!



*A word about practicing:*

**Watch Your Hand Position.** Thumb should remain behind the neck. Fingers should arch high over the fretboard, coming straight down on the strings in order to avoid touching other strings. Fingers should be as close to the upper fret bar as possible, and be pointed right back at your face.

**Consistency is KEY.** Just like professional athletes, you need to develop “muscle memory” in your fingers. Playing through your chords and strumming patterns 10-15 minutes a day is going to accomplish so much more than practicing 1-2 hours on a Saturday morning. To develop the muscle memory you need to change chords easily and effortlessly, you need to practice a little bit every day.

Now try these strumming patterns with the songs:  
“Knocking On Heaven’s Door” & “(Take Me Home) Country Roads”